1. Palliative care attempts to provide:
   a. Disease correction
   b. Cure for an illness
   c. Symptom relief
   d. Rapid death

2. A do-not-resuscitate order takes effect when a patient:
   a. Becomes unresponsive
   b. Can no longer speak
   c. Has a terminal illness
   d. Has respiratory arrest

3. Which of the following advance directives becomes effective when a patient cannot make his or her own decisions?
   a. Do not resuscitate order
   b. Living will
   c. Healthcare power of attorney
   d. Standing order

4. Which of the following interventions is typically prohibited by a DNR order?
   a. Bag-valve mask ventilations
   b. Oxygen via non-rebreather mask
   c. Nasal airway placement
   d. Continuous positive airway pressure

5. The most common symptom experienced by patients receiving palliative care is:
   a. Dyspnea
   b. Pain
   c. Anxiety
   d. Seizures

6. John is 87 years old, now only responds to painful stimuli following a massive stroke and is in a coma. He is being transferred to hospice care. Which sense will John most likely lose last?
   a. Sight
   b. Touch
   c. Hearing
   d. Taste

7. 92-year-old Edith is being transferred to hospice care with terminal bone cancer and can easily fracture her bones. She is chronically in severe pain. One way to manage pain during transport is to:
   a. Secure her to a spineboard
   b. Strap her supine on the cot
   c. Provide extra padding
   d. Seat her in the front of the ambulance

8. You are treating a 76-year-old female patient with severe respiratory distress from heart failure. While performing an exam, you notice she has a DNR bracelet, pink frothy sputum at the mouth, and accessory muscle use. Which of the following interventions is appropriate for this patient?
   a. Continuous positive airway pressure
   b. Oral pharyngeal airway placement
   c. Artificial ventilations with a bag-valve mask
   d. Assisted ventilations with a bag-valve mask

9. You are managing a 72-year-old female patient who is in a nursing home in respiratory arrest. She has bruises all over her face and body, circumferential bruises on her arms, and her face looks swollen. The patient’s nephew called 9-1-1 when he arrived and saw her condition, stating she was fine one week prior, but the nurse says you cannot touch the patient because she has a DNR. You recognize that without artificial ventilations the patient will die. Your best course of action is to:
   a. Honor the DNR order; once it is signed it cannot be reversed
   b. Honor the DNR order; you cannot override a nurse on scene
   c. Disregard the DNR order because the nephew wishes you to
   d. Disregard the DNR order because abuse may have occurred

10. Which of the following interventions is not prohibited by a DNR order?
    a. Feeding tube
    b. Defibrillation
    c. Cardiac drugs
    d. Chest compressions

11. Which of the following is a true statement about a DNR order?
    a. It alters day-to-day medical care for the patient
    b. A patient with a DNR cannot have any surgery
    c. The DNR goes into effect upon respiratory arrest
    d. Pain medications cannot be administered

12. What is a contraindication for continuous positive airway pressure?
    a. DNR order
    b. Pneumothorax
    c. Lung cancer
    d. Respiratory distress

13. The legal document that allows patients to predetermine the level and type of medical interventions they wish to receive before becoming seriously ill or injured is:
    a. Living will
    b. Healthcare power of attorney
    c. Do not resuscitate order
    d. Medical order

14. Sarah is 78 years old, and you were called to her home for respiratory distress. When you arrive, you find her lying supine in a hospital bed in respiratory arrest. She has a DNR bracelet on her wrist, and her physical exam shows no signs of trauma. As you begin to explain to her family that you need to honor her DNR order, they become very upset and say they are not ready to “let her go.” They ask you to do everything you can to save her. You should:
    a. Attempt resuscitation
    b. Perform a “slow code”
    c. Perform ventilations only
    d. Honor the DNR

15. A 54-year-old female patient is awake and choking in front of you. She is clutching her throat and cannot make any noise. Which of these statements is true if the patient has a DNR order?
    a. The DNR does not affect your ability to perform the Heimlich maneuver
    b. You cannot attempt to clear the patient’s airway
    c. Choking nullifies the DNR order and CPR can be performed
    d. You must ask the patient to rescind her DNR before providing care

16. Which of the following is a true statement about a resuscitation drug?
    a. Morphine
    b. Amiodarone
    c. Nitroglycerin
    d. Zofran

17. Which of the following drug administration routes cannot be used on a DNR patient?
    a. Inhalation
    b. Intravenous
    c. Endotracheal
    d. Intramuscular

18. When might you reverse a DNR order and attempt resuscitation?
    a. The patient’s family is extremely upset and asks you to try to save the patient
    b. You need one more endotracheal tube for your required skills
    c. A paramedic student is with you and could use the practice
    d. There is no written proof of the DNR with the patient

19. Palliative sedation might be considered for which of the following patients?
    a. A 90-year-old female patient who is having a heart attack and tells you she is ready to die a peaceful and dignified death
    b. A 35-year-old male patient with brain cancer who is hallucinating and screaming about someone digging inside his head
    c. A 62-year-old male patient who has metastatic bone cancer and is complaining of pain throughout his body
    d. A 72-year-old female patient with pancreatic cancer who keeps vomiting despite being administered antiemetics

20. Which of the following statements about pain management for a patient with a DNR is correct?
    a. Pain medications are prohibited
    b. Pain medications can only be given orally
    c. Intravenous pain medicines are acceptable
    d. Intramuscular pain medications are prohibited

**HOSPICE AND DNR CARE**

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